



2nd DGA CUP in SINGAPORE

International Rhythmic Gymnastics Competition

Dear Friends,

We are very pleased to invite your club/federation to participate in the 2nd DGA Cup (Rhythmic Gymnastics) held in Singapore, from 8-10 September 2023.

SPORT	RHYTHMIC GYMNASTICS
DATE	8- 10 September 2023
COMPETITION VENUE	<p>SIM Global Education @ Clementi Sports Hall Address: 461 Clementi Rd, Singapore 599491</p>
LOCAL ORGANIZING COMMITTEE	<p>D'Gymnastique Academy NAME: Cecilia Chia Shing Eng LOC tel. +65 9297 9432 E-mail: dgacupsg@gmail.com Instagram/Facebook: @dgyamacademy Website: www.dgymnastiqueacademy.com</p>
DELEGATIONS INVITED	D'Gymnastique Academy invites all Rhythmic Gymnastics clubs/federations in good standing.

TECHNICAL PROGRAM

Categories (Individual Program)

Year of Birth	Apparatus
2018	Freehand
2017	Freehand
2016	Freehand + 1 Choice of (Hoop/Ball)
2015	Freehand + 1 Choice of (Hoop/Ball)
2014	Freehand + 1 Choice (Hoop/Ball/Clubs)
2013	Freehand + 1 Choice (Hoop/Ball/Clubs)
2012	2 apps. by Choice (Hoop/Ball/Clubs/Ribbon)
2011	2 apps. by Choice (Hoop/Ball/Clubs/Ribbon)
2010	3 apps. by Choice (Hoop/Ball/Clubs/Ribbon)
2009	3 apps. by Choice (Hoop/Ball/Clubs/Ribbon)
2008	3 apps. by Choice (Hoop/Ball/Clubs/Ribbon)
2007	3 apps. by Choice (Hoop/Ball/Clubs/Ribbon)
2006	3 apps. by Choice (Hoop/Ball/Clubs/Ribbon)
2005 and older	3 apps. by Choice (Hoop/Ball/Clubs/Ribbon)

*Gymnasts may choose to compete in 1, 2 or all of the apparatus offered.

*For all categories: Min 2 Dance Steps, Min 2 Body Waves.

2017-2018: FH

- 2017: Music 1 - 1.15 min
- 2018: Music within 1min
- Min 3 DBs (Min 1 Jump/Leap | 1 Balance | 1 Pivot) - Max 0.3 value (No combined DBs)

2015-2016: FH + Choice of (Hoop | Ball)

- Music 1.15 - 1.30 min
- Min 3 DBs (Min 1 Jump/Leap | 1 Balance | 1 Pivot) - Max 0.5 value (No combined DBs)
- DA - Min 1 | Max 8
- Dynamic Element with rotation (DER) - No min | Max 1

	<p>2013-2014: FH + Free of choice (Hoop Ball Clubs)</p> <ul style="list-style-type: none"> • Music 1.15 - 1.30 min • Min 4 Max 5 DBs (Min 1 Jump/leap 1 Balance 1 Pivot) - Max 0.7 value (1 Combined DB allowed) • DA : Min 1 Max 10 • DER : No min Max 2 <p>2011-2012: Choice of any 2 apps (Hoop Ball Clubs)</p> <ul style="list-style-type: none"> • Music : 1.15 - 1.30min • Min 4 Max 6 DBs (Min 1 Jump/Leap 1 Balance 1 Pivot) - Any value (2 Combined DBs allowed) • DA: Min 1 Max 12 • DER: Min 1 Max 3 <p>2008-2010: Choice of any 3 apps (Hoop Ball Clubs Ribbon)</p> <ul style="list-style-type: none"> • FIG Junior Rules <p>2007 and older: Choice of any 3 apps (Hoop Ball Clubs Ribbon)</p> <ul style="list-style-type: none"> • FIG Senior Rules <p>Note: -The organizing committee reserves the right to make any further changes whenever necessary in accordance with IFAGG rules.</p>
VENUE INFO	<p>1 Competition Carpet (13m X 13m) 1 Training Carpet (13m X 13m) in warm-up area Ceiling Height: 12m</p>
ENTRY FEES	<p>The Entry fee is: 90SGD per Apparatus</p> <p><u>Please take note:</u></p> <ul style="list-style-type: none"> ✓ All delegations/traveling teams with 5 or more gymnasts must provide at least 1 judge (National/FIG Brevet) for the event. <u>A fee of 200SGD will be imposed for delegations that do not provide any judge.</u> ✓ Registrations made after the deadline will incur a fine of 20SGD per routine. ✓ The organizer will send you the invoice after the deadline of entry on 8 Aug 2023. <u>Please settle the payment in Singapore Dollars (SGD) by 15 Aug 2023. Late payment will incur a penalty of 50SGD.</u>

	<ul style="list-style-type: none"> ✓ The participating Delegation is responsible for covering all bank fees in connection with the bank transfers. ✓ The entry fee is NON-REFUNDABLE.
<p>PROVISIONAL SCHEDULE</p>	<p>Please note that this is only the Provisional schedule, and it is subject to changes. The Final program will be confirmed after the registration deadline.</p> <p>DAY 1 Thursday, September 7, 2023</p> <ul style="list-style-type: none"> o Arrival of delegations <p>NOTE: Organizer could provide additional training possibility if requested by teams for additional fee.</p> <p>DAY 2 Friday, September 8, 2023</p> <ul style="list-style-type: none"> o Arrival of Delegations o DGA Cup National (For DGA Gymnasts only) o DGA Cup International (Children 2013-2018) o Awards Ceremony <p>DAY 3 Saturday, September 9, 2023</p> <ul style="list-style-type: none"> o DGA Cup International (Pre-Junior 2011-2012, Juniors 2008-2010, Seniors 2005-2007) o Awards Ceremony <p>DAY 4 Sunday, September 10, 2023</p> <ul style="list-style-type: none"> o RG Master Class <p>DAY 5 Monday, September 11, 2023</p> <ul style="list-style-type: none"> o Departure of delegations
<p>REGISTRATION</p>	<p>ONLINE registration must be done at: https://www.rgform.eu/event.php?id_prop=5139 Deadline: 8 August 2023 Preliminary registration – 8 July 2023 Definitive registration – 8 August 2023</p> <p>All participants should provide their <u>Full Name, Passport Photo & Date of Birth</u>.</p>
<p>MUSIC</p>	<p>Music must be submitted in MP3 file format via https://www.rgform.eu/event.php?id_prop=5139 Deadline: 15 August 2023</p>

	<p>*Additional charges will be applied if music is not received by the deadline: 20SGD per missing music</p> <p>Files must be uploaded in the following format: Name of Gymnast_Apparatus_Club_Category Examples: AmyTan_Ball_D'GymnastiqueAcademy_KIDS2017 LimXingYu_Freehand_XYZAcademy_JUNIOR2009</p>
INSURANCE	<p>D'Gymnastique Academy will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. All participating delegations are responsible for making their own arrangements to ensure necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p>
MEDICAL SERVICES	<p>The Local Organizing Committee will provide first-aid medical service, a doctor and emergency medical transportation in the competition area.</p>
ANTI-DOPING	<p>Gymnasts and representatives will follow the national and international doping rules. All gymnasts and representatives are obligated to know the doping rules. The information of the prohibited substances and methods can be found on WADA (World Anti-Doping Agency) website: https://www.wada-ama.org/</p>
PERSONAL DATA PROTECTION	<p>Personal information of registered gymnasts, coaches, judges and volunteers may be used in published official competition protocols, rgform.eu online portal, website and social media channels. By registering to the event, the gymnasts, coaches, judges and volunteers are giving consent to publish visual materials (photos, videos) on which they might be displayed. In case the person does not consent to the above, written notice must be provided to the LOC before the start of the competition. Only photographers and journalists with accreditation are allowed to take pictures and film the event.</p>
VISA INVITATION	<p>All delegations requiring Visa must inform the LOC as soon as possible in writing via email.</p> <p>The deadline of VISA request: 8 August, 2023</p>

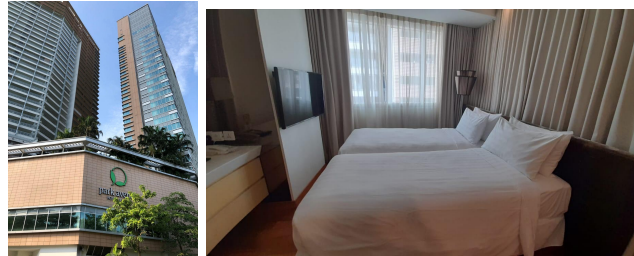
- The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member, as well as the city the visa application support letter must be sent to.
- Please send a photocopy of all passports to LOC via email

ACCOMMODATION

Park Avenue Rochester Hotel

31 Rochester Dr, Singapore 138637

[Park Avenue Rochester Hotel Shared Location](#)



- Superior single room (1 pax)– **220SGD per night**
- Superior twin room (2 pax)– **265SGD per night**
- Deluxe Single Room (1 pax)– **235SGD per night**
- Deluxe Double Room (2 pax) - **275SGD per night**
- 1 Bedroom suite (2 pax) - **360SGD per night**
- 1 Bedroom suite (3 pax - recommended for 1 Adult + 2 Children) - **400SGD per night**
- 2 Bedroom suite (4 pax) - **560SGD per night**

***All prices listed are inclusive of tax and includes hotel breakfast.**

Citadines Connect Rochester Singapore

1 Rochester Park, Singapore 139212

[Citadines Connect Rochester Singapore Shared Location](#)



- Deluxe King Bedroom (2 pax) - **290SGD per night**

***All prices listed are inclusive of tax and includes grab and go breakfast.**

	<p>Deadline: August 8, 2023. Confirmation of rooms on a first come first served basis and subject to room availability. ONLINE registration must be done at: KSIS Hotel Form</p> <p>Please take note:</p> <ul style="list-style-type: none"> • Transport arrangements (separate fees apply) will only be made for participants who register for official hotel with the organizers. We will not be able to arrange for transport for those who make their own accommodation arrangements. • Rooms are limited and organizers cannot be held responsible for rooming assignments done by the hotel. Thank you. 										
INTERNATIONAL TRANSPORTATION	To be announced in next bulletin (only applicable for those who register at official hotel via KSIS)										
LOCAL TRANSPORTATION	To be announced in next bulletin (only applicable for those who register at official hotel via KSIS)										
MEALS INFO	To be announced in the next bulletin										
TICKETS	To be announced in the next bulletin										
DEADLINES SUMMARY	<table border="1"> <tr> <td data-bbox="521 930 1105 972">ONLINE Preliminary entry</td> <td data-bbox="1105 930 1425 972">8 July 2023</td> </tr> <tr> <td data-bbox="521 972 1105 1014">Visa Request</td> <td data-bbox="1105 972 1425 1014">8 August 2023</td> </tr> <tr> <td data-bbox="521 1014 1105 1094">ONLINE Definitive Registration</td> <td data-bbox="1105 1014 1425 1094">8 August 2023</td> </tr> <tr> <td data-bbox="521 1094 1105 1136">Music – submitted online via KSIS</td> <td data-bbox="1105 1094 1425 1136">15 August 2023</td> </tr> <tr> <td data-bbox="521 1136 1105 1178">Payment of Entry fee to LOC</td> <td data-bbox="1105 1136 1425 1178">15 August 2023</td> </tr> </table>	ONLINE Preliminary entry	8 July 2023	Visa Request	8 August 2023	ONLINE Definitive Registration	8 August 2023	Music – submitted online via KSIS	15 August 2023	Payment of Entry fee to LOC	15 August 2023
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PAYMENT BANK ACCOUNT INFORMATION	<p>All delegations will receive invoices from LOC via email for all expenses. All payment should be made to the beneficiary below before the payment deadline to avoid fines.</p> <p>Beneficiary: DGA Rhythmix Pte. Ltd. Bank: Oversea-Chinese Banking Corporation Limited Singapore (OCBC) SWIFT Code: OCBCSGSGXXX Bank account number: 601520745001</p>										
EVENT SOCIAL MEDIA	<p>Facebook page: D’Gymnastique Academy Instagram account: @dgymacademy Official hashtags: #DGACup2023</p>										
ADDITIONAL INFORMATION	<p>The LOC reserves the right to make any further changes whenever necessary in accordance with FIG rules.</p>										

We look forward to seeing you in Singapore!